



Dream, Believe, Achieve, Succeed

## Dealing with a challenging situation

### *AM I CALM?*

**A**ttention to what I say – less talk – more listening

**M**ind my body language and facial expression

**I** keep my distance

**C**an I or should I leave the pupil to self-regulate without intervention?

**A**m I needing to use Team Teach to prevent injury or damage?

**L**abel the pupil's emotion

**M**ake time to off-load