



Young Gamers and Gambling Education Trust

Mental Health Awareness Week is on 9th-15th May. Here is some information about fully-funded training and resources for school staff.

We wanted to invite you to a fully-funded online workshop on the topic of gaming and gambling harm prevention on Wednesday **27th April 2022** to provide you with free resources in readiness for the annual awareness raising week.

The links between mental health and gaming & gambling have become an increasingly hot topic, particularly in light of lockdown and young people spending more time online. We know how busy teachers are, and how time consuming it can be to think of new ideas for Mental Health Awareness week each year. We wanted to run the workshop with plenty of time for you to use some of our **450 free and ready to go resources** including lesson plans, PowerPoints, tutorials, letters to parents, assessments and much more. The resources are aligned to the PSHE Programme of Study and RSE links. They are also easily evidence-based for Ofsted.

Our fully-funded workshop will cover:

- Mental health and wellbeing
- An overview of how young people are increasingly exposed to gaming and gambling and the increasingly blurred lines between the two.
- The influence of advertising, particularly around sporting events.
- The role of social media, in game purchases, loot boxes and Esports.
- Gaming and gambling related harm and how to spot the signs
- Where to get help and support

The online workshop will be held on Wednesday 27th April 2022 from 3:45-5:45pm. To register for the training, please follow the link here: [YGAM Training - BOOK HERE](https://www.ygam.org/nep-v2-workshop-booking-pre-workshop-questions-bespoke/?crb_workshop=27.04.22.%20Bespoke%20OL%20Secondary.%20MHA%20Week.%2015:45)
https://www.ygam.org/nep-v2-workshop-booking-pre-workshop-questions-bespoke/?crb_workshop=27.04.22.%20Bespoke%20OL%20Secondary.%20MHA%20Week.%2015:45.

Upon completion of the session, attendees will receive a **City & Guilds Certificate** for their own personal CPD, as well as access to the free resources. The training is open to safeguarding staff, teachers, wellbeing staff, support staff, pastoral team, heads and any staff member who may have direct contact or deliver to students.

Please feel free to disseminate this information and sign-up other staff. If you would like to attend this workshop but are unable to make the date, please feel free to sign onto one of our open workshops here: <https://www.ygam.org/book-a-workshop/>