



### Mindful Resilience

**For: Doctors. Nurses. Social prescribers. Mental health staff. Pharmacists + more**

Accredited training for healthcare professionals and practitioners and those in training. Designed by psychologists and those with lived experience to build understanding, skills, and capabilities to enable earlier identification and referral. On completion you will have access to supplementary information, research studies as well as referral and signposting information.

Click [here to register](#) for World Mental Health Day Mindful Resilience training on 10<sup>th</sup> October 13:00 – 15:00

Can't attend this day or time? Click [here to register](#) for a session on 11<sup>th</sup> October 09:30 – 11:30

### Diverse communities

**For: Faith and Community leaders**

Preventing Gambling Harms in Diverse Communities Programme is a fully funded and City & Guilds assured pilot initiative in London and the Home Counties, providing training for faith and community leaders focussing on tackling stigma and discussing the impact of gambling in diverse communities. The training will equip faith and community leaders with the knowledge and tools to understand the triggers and risk factors of gambling and gaming to young people within diverse communities. It also provides attendees with relevant information and advice services available to those at harm. On completion, you will have access to youth-focused activities in group settings and 1:1's.

Click [here to register](#) for World Mental Health Day Diverse Communities training on 10<sup>th</sup> October 10:00 – 12:30

	<p>Can't attend this day or time? Click <a href="#">here to register</a> for a session on 24<sup>th</sup> October 10:00 – 12:30</p>
<p><b>Supporting Children and Vulnerable Families</b></p> <p><b>For: social Workers. Family Support workers and others who work with children and families</b></p>	<p><b>Supporting Children in Care</b></p> <p><b>For : Foster carers. Children's Residential Care Teams</b></p>
<p>This City &amp; Guilds assured training covers why young people game/gamble, Influences on behaviour, advertising and legislation, the blurred lines between gaming and gambling, the potential for harm and spotting signs of this, risks and where to get help and support. On completion you will gain access to our YGAM learning platform, featuring over 1000 downloadable resources including 1:1 and small group work activities.</p> <p>Click <a href="#">here to register</a> for World Mental Health Day Supporting Children &amp; Vulnerable Families training on 10<sup>th</sup> October 09:00 – 11:30</p> <p>Can't attend this day or time? Click <a href="#">here to register</a> for a session on 20<sup>th</sup> October 10:00 – 12:30</p>	<p>On this City &amp; Guilds assured training, we discuss and engage with why children might game/gamble, additional vulnerabilities children in care might face and the blurred lines between gaming and gambling. We also go into how to spot the signs of harm, tips, and techniques to support the children in your care and where to get help and support. On completion of this training, you will have access to a workbook with information, activities, and templates.</p> <p>Click <a href="#">here to register</a> for World Mental Health Day Supporting Children in Care training on 10<sup>th</sup> October 11:00 – 14:00</p> <p>Can't attend this day or time? Click <a href="#">here to register</a> for a session on 19<sup>th</sup> October 10:00 – 13:00</p>
<p><b>Education</b></p>	<p><b>Parents carers and guardians</b></p> <p><b>For parents carers and guardians of children and young people</b></p>

<p><b>For: Teachers. Youth worker. Other professionals working directly with children and young people delivering sessions</b></p>	
<p>We cover within the workshop: gaming and gambling harm and spotting the signs, advertising and legislation, mental health and wellbeing, the blurred lines between gaming and gambling and where to get help and support. On completion of the workshop, you will have access to over 1000 resources mapped to the PSHE programme of study (KS2-KS5) and RSE links with Youth Work resources, mapped to the framework of outcomes for young people.</p> <p>Click <a href="#">here to register</a> for World Mental Health Day Education training on 10<sup>th</sup> October 16:00 – 18:00</p> <p>Can't attend this day or time? Click <a href="#">here to register</a> for a session on 26<sup>th</sup> October 15:30 – 17:30</p>	<p>This info session covers Gambling: exploring the influences on children and young people, Gaming: discussing the benefits and concerns, the blurred lines between gaming and gambling, how to spot the signs of harm, useful tips to create a healthy gaming balance and support your child and where to get help and support. You can find further information to support topics covered during this info session on our YGAM Parent Hub.</p> <p>Click <a href="#">here to register</a> for World Mental Health Day Parents, Carers &amp; Guardians training on 10<sup>th</sup> October 19:00 – 20:15</p> <p>Can't attend this day or time? Click <a href="#">here to register</a> for a session on 26<sup>th</sup> October 18:00 – 19:15</p>
<p><b>Universities + Student Engagement</b></p> <p><b>For professionals working with Further and Higher Education students</b></p>	
<p>This City &amp; Guilds assured programme explores the potential risks of gaming and gambling for students and equips professionals with the knowledge and tools to identify, support and signpost students who may be experiencing these harms.</p>	

Click [here to register](#) for World Mental Health Day University & Students Engagement training on 10<sup>th</sup> October 15:00 – 17:00

Can't attend this day or time? Click [here to register](#) for a session on 24<sup>th</sup> October 10:00 – 12:00