

HEY, FAMILIES OF HOUNSLOW WANT TO LIVE A HEALTHIER LIFESTYLE?

JOIN OUR FREE, FUN, FAMILY-FOCUSED COURSES
TO HELP YOU AND YOUR CHILDREN MAKE
HEALTHY HABITS FOR LIFE!



BeeZee Families

www.beezeebodies.com/families 03308 186308



KICK OFF THE NEW SCHOOL YEAR WITH HEALTHY HABITS AT OUR FREE FAMILY WEIGHT MANAGEMENT GROUPS!

NEW COURSES START W/C 26TH SEPTEMBER 2022 FOR 12 WEEKS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
ISLEWORTH The Smallberry Green School 17:00 - 19:00	CRANFORD Cranford Community College 17:00 - 19:00	HOUNSLOW CENTRAL Grove Road Primary School 17:00 - 19:00	FELTHAM Marjory Kinnon School 17:00 - 19:00



*to be eligible for this awesome free service, your family must live/go to school/be registered with a GP in the London Borough of Hounslow and include one child age 5-15 who is above their ideal healthy weight.

