



# Partnering with The Harlequins Foundation

Developing young people  
through sport

# The Harlequins Foundation

## School Programmes

We offer a variety of high quality, fun, sports-based programmes that support the development of the Essential Skills young people need to succeed in life.

We will work with you to identify your needs and implement a programme of work, which can be anything from coaching a tag rugby session once a week, to engaging students in STEM subjects, to supporting wrap-around care.

### Developing Essential Skills through sport.



### Move.Learn.Grow

A bespoke and wide-ranging support package for primary schools, offering everything from getting kids active to engaging them in **numeracy, science, and engineering!**



### Switch - Girls Only Rugby

Women face many barriers accessing sport, causing 90% of girls to not be doing enough physical activity by age 14. The Harlequins Foundation's **SWITCH** is a multi-tiered programme aimed at engaging girls with rugby.

This is achieved by increasing accessibility, as well as **providing opportunities for girls to take part in rugby.** Our coaches provide the spaces, training and inspiration needed to develop women's progression within rugby.

### Rugby In A Box

Young people are facing more challenges than ever before, particularly after the disruption caused by the pandemic. This has not just affected them academically – it has also had a lasting impact on their wider development. Through the power of rugby, our goal is to support the **development of the Essential Skills** young people need to succeed in life.



## Robot Rugby

A world-first coding experience for schools. Robot Rugby coding sessions are carefully aligned to the current curriculum. During the session, pupils are introduced to coding using the 'Sphero Edu' learning app where our facilitators help to guide their learning using 3 coding canvasses: 'Draw', 'Blocks' and 'Text' – a hands-on experience of coding and robotics.



## Mental Wellness

Developed for primary and secondary schools, **METTLE** uses the resources and experience of The Harlequins Foundation to raise awareness and challenge the stigma of **mental health**, while developing mental resilience in young people.

We focus the session around 4 key topics:

- Relationships
- Emotions
- Self-care
- Physical Activities



“ It was really amazing, such a well designed and expertly led piece of STEM learning. The children can't wait for the next session! ”

Mr. Lee, Headteacher  
Deer Park Primary School

# Contact Us:



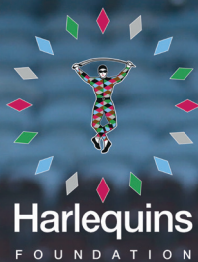
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